

# SHIMIIST (SAXENA HOSPITAL INSTITUTE OF MINIMALLY INVASIVE SURGERY TRAINING)

114-116, T.P. SCHEME, DELHI ROAD, SONEPAT IN COLLABORATION WITH LIFE LINE CHARITABLE TRUST

## TENTATIVE SCHEDULE FOR 25<sup>TH</sup> FEB TO 2<sup>ND</sup> MARCH, 2019

Day 1:- Dr. Garima Srivastav

- Introduction to Laparoscopy
- Setting up an Ideal OT
- Basic OT Instruments
- Sterilization & Cleaning
- Peritoneal Access
- Ergonomics in Laparoscopy
- Introduction to Endo-Trainer & presentation on Endo-suturing

Day 2 & 3

- Basics of Office Hysteroscopy – Dr. Garima Srivastav
- Hysteroscopy Instruments – Dr. Akhil Saxena
- Hysteroscopy & Infertility- Dr. Garima Srivastav
- Practice on Hystero-Trainer
- Operative Hysteroscopy-Dr. Anupama Sethi Arora
- Fluid Management-Dr. Anupama Sethi Arora
- Complications of Hysteroscopy-Dr. Anupama Sethi Arora
- Operative Cases (as per availability of cases)

Day 4:-

- Anatomy of Pelvic floor-Dr. Akhil Saxena/Dr. Anupama Sethi Arora
- Instrument Design- Dr. Garima Srivastav
- Energy Sources – Dr. Akhil Saxena
- Technique of Suturing and Knotting – Dr. Akhil Saxena
- Practice on Endo Trainer
- Basic Steps of Surgeries :- Dr. Akhil Saxena & Dr. Anupama Sethi Arora
  - Cystectomy
  - Ectopic Pregnancy
  - Dermoid Cyst
  - TLH
  - Myomectomy
- Operative Cases (as per availability of cases)

Day 5/6

- Care & maintenance of Laparoscopic Instruments-Karl Storz India
- Complications in Laparoscopy & their Management-Dr. Anupama Sethi Arora
- Presentation on Anaesthesia in Laparoscopic Surgery-Dr. Garima Sharma
- Troubleshooting in Laparoscopy-Dr. Garima Srivastav
- Tips & Trick of Prolapse Surgeries-Dr Akhil Saxena
- Live cases (as per availability of cases)
- Video Presentations as per interest of the candidates
- Certificate distribution